

5 ways that we can protect our pets from heat stroke

With the rising temperatures, it is critical to keep our four-legged friend's safety in mind and take some precautions to avoid heatstroke in pets.

Here are the most important things you need to check/do for your pet.

Five ways that we can protect our pets from heat stroke.

1. **Water:** Water consumption is essential for us, so it is for our pets. Ensure you have sufficient water (at least 2 liters) for your pets, when you leave them outside your house.
2. **Never leave pets unattended:** Never leave your pets unattended for extended hours in a vehicle. The temperature in a car/RV can rise rapidly in just 10 minutes.
3. **Keep them in shady spots:** Well, if your pets are to be left outside, make sure it is under tree shade but still this is not advisable for longer hours too.
4. **Stop exercising:** Many owners take the pets for training during summer, but this is not advisable. Avoid exercises in the hot sun.
5. **Monitor temperature:** Check the temperature where you leave your pet before you leave. It can be your house, park, closed room, a car or RV. Use a system that monitors temperature continuously and alerts you in case it goes too high.

Symptoms of heatstroke:

If you find any of these symptoms, then your pet is suffering from heatstroke. It is critical to see a vet.

- Body temperature reaches 104-110 degrees Fahrenheit.
- Strong heartbeat
- Rapid panting
- Excessive thirst
- Lethargy
- Red gums
- Glazed eyes
- Vomiting
- Unconscious
- Diarrhea

Steps to consider when your dog is affected with sunstroke:

Pets which are mildly affected can recover slowly with minimum care but those who are affected profoundly, need a veterinary advice.

- Before taking to a vet, there are some first-aid steps to follow to reduce the seriousness of the problem.
- Give water with some ice cubes.
- Take the dog's temperature every five minutes, with continuous water-cooling until it drops below 103°F (39.4°C).
- Bring down the heat if you can by moving it to a cool, closed room.
- Take the pet to the vet immediately.

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Keep them in shady spots

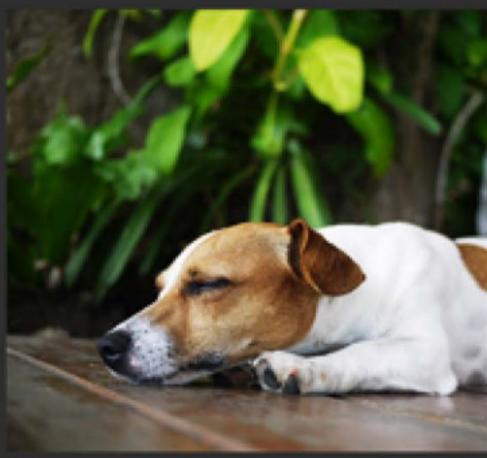
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Stop exercising

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Never leave pets unattended

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Symptoms of heatstroke

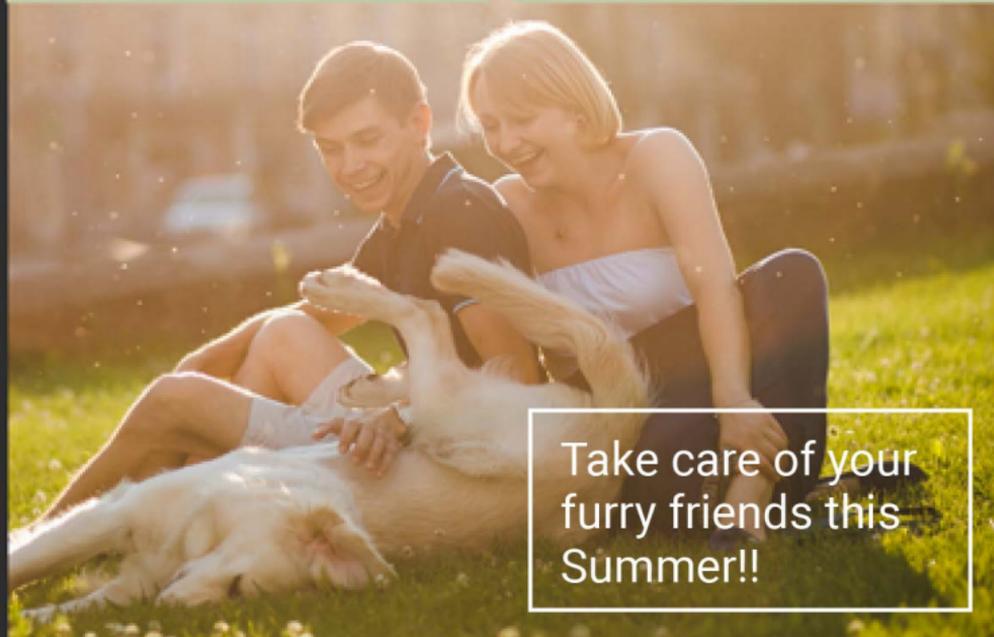
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Remedy for heatstroke

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- Bring down the heat if you can by moving it to a cool, closed room
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Take care of your furry friends this Summer!!